

# Participant Report Form - KA1 - VET Learning Mobility of Individuals – Learners' mobility for training in vocational education and training

Fields marked with \* are mandatory.

## 1 Purpose of the participant report

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This final report on your mobility experience will provide the EU's Erasmus+ programme with valuable information, which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45/2001 of the European Parliament and of the Council of 18 December 2000 on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in [Specific Privacy statement](#).

## 2 Identification of the Participant and General Information

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### 2.1 First and last name\*

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

### 2.2 Email address, where I can be contacted in the future\*

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

### 2.3 At which study level were you during your mobility period abroad?\*

- Apprentice
- Upper-secondary vocational education and training
- Post-secondary vocational education and training
- Other

2.4 If other please specify\*

2.5 Which year in the study level?\*

- 1
- 2
- 3
- 4

2.6 Was the mobility period abroad a mandatory part of your curriculum?\*

- Yes
- No
- Not Applicable

2.7 Is this the first time you benefit from Erasmus+ or its predecessor (LifeLong Learning) Programme?\*

- Yes
- No

2.8 What were your main motivations for studying/training abroad?\*

- Enhance my technical/professional skills/competences
- Opportunity to live abroad
- Opportunity to learn/improve a foreign language
- Opportunity to meet new people
- Opportunity to develop personal skills, such as adaptability
- Enhance my future employability in my home country
- Enhance my future employability abroad
- Opportunity to experience different learning practices
- Possibility to choose to do part of my studying/training in a foreign language
- The length of the study/training period was appropriate
- Quality of the receiving institution
- Good alignment of the courses/training abroad with the curriculum at the sending institution
- Available support in finding accommodation

### 3 Quality of Studies/Training

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3.1 Your receiving institution was...\*

- a VET school/institute
- a company
- a mix between VET school/institute and company

3.2 How would you evaluate the quality of learning and teaching at the receiving institution?

	Very good	Good	Fair	Poor	Very poor	Not applicable
The quality of content of training*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The quality of teaching methods*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3.3 Did you gain knowledge, skills or competences or professional experience that you would not have gained in your sending institution?\*

- Yes
- No

3.4 How would you evaluate the quality of support at your sending and receiving institutions?

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree	Not applicable
I was given proper help to find a suitable host organisation*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The organisation where I was trained met my needs*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I knew clearly what I was expected to do and learn during my training abroad*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The training duration was long enough for me to fulfil my training objectives*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The proposed activities were directly related to my training objectives in my home country*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I was provided with proper equipment*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I knew who the person assigned to help me carry out my training and check my results was*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My sending organisation was helpful during my placement*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 4 Certification and Formal Recognition

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4.1 Did you have a Learning Agreement\* with defined learning outcomes drawn up before your mobility period?\*

Note: "Learning Agreement" - a binding agreement between the learner, the sending and the receiving institution (that clearly sets out what is to be learnt during the mobility period and how it will be recognised).

- Yes
- No

4.2 Was your Learning Agreement changed during your mobility period?\*

- Yes
- No

4.3 Why was it changed?\*

- I extended my stay abroad
- The training I selected initially was not available/was in a different language than foreseen
- I decided to change the training initially selected
- The receiving institution required some changes
- Other

4.4 If other please specify.

4.5 Were the learning outcomes from your mobility period recognized\*\*?\*

Note: "Formal recognition" - all the learning outcomes/credits that you have earned during your mobility period and that were specified in the Learning Agreement as counting towards your education were recognised by your sending institution as specified in the Learning Agreement without the need to take any further courses or exams.

- Yes
- No

4.6 How?\*

- ECVET credits
- Europass
- Other certificate

4.7 Did you have to undertake any tests at the sending institution after your mobility period to get recognition of the learning outcomes?\*

- Yes
- No

## 5 Foreign Language Skills and Linguistic Support

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5.1 What was the main language used during your mobility activity?\*

5.2 Do you feel you have improved your skills in this language during your stay abroad?\*

- Yes
- No, I was already fluent
- No

5.3 Did you take advantage of linguistic support in learning this main language?\*

- Yes
- No

5.4 What kind of support did you receive?\*

- Erasmus+ online language service
- Language course/training provided by the sending institution/organisation
- Language course/training provided by the receiving institution/organisation
- Language course/training provided both by the sending and receiving institutions/organisations
- Financial support to carry out a self-study (DVD, books)
- Other

5.5 For how long did you receive linguistic support in total?\*

- Less than 1 week
- Between 1 week and 3 weeks
- Between 3 weeks and 2 months
- Between 2 and 6 months
- More than 6 months

5.6 Approximately, for how many hours in total?\*

- Less than 10 hours
- Between 10 and 30 hours
- Between 30 and 50 hours
- More than 50 hours

5.7 Why didn't you receive linguistic support?\*

- I did not ask for it
- I did not need it because my knowledge of the foreign language was adequate
- I did not have time
- The sending/receiving organisations did not provide it to me
- Other

5.8 Indicate to what extent you are satisfied with the online service provided by the Commission in terms of...

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied
accessibility of the online service (technical aspects)*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
user-friendliness of the online assessment test*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
user-friendliness of the online language course*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
level of difficulty of the online course*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
online course adapted to my personal needs*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
quality of the feedback from course provider*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5.9 While staying abroad, did you improve your competence in other languages besides the main one used?\*

- Yes
- No

Which were those languages?

5.11 Language 1\*

5.12 Language 2

## 6 Personal Development

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6.1 Through my participation in this activity I learned better how to...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
think logically and draw conclusions (analytical skills)*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
find solutions in difficult or challenging contexts (problem-solving skills)*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
plan and carry out my learning independently*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
express myself creatively*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
use internet, social media and PCs , e.g. for my studies, work and personal activities*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
communicate and express myself in my mother tongue*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
develop an idea and put it into practice*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
see the value of different cultures*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
cooperate in teams*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
plan and organise tasks and activities *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



6.2 After having taken part in this mobility activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
I am more confident and convinced of my abilities*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know better my strengths and weaknesses*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am more able to adapt to and act in new situations*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am more able to think and analyse information critically*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am more tolerant towards other persons' values and behaviour*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am more open-minded and curious about new challenges*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I intend to participate more actively in social and political life of my community*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am more interested in knowing what happens in the world daily*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am more able to reach decisions*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am more able to cooperate with people from other backgrounds and cultures*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am more interested in European topics*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel more European*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I improved my technical/professional skills/competences*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 7 Future Prospects of Education, Training and Work

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7.1 Thanks to this mobility experience:

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
I believe that my chances to get a new or better job have increased*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a clearer idea about my professional career aspirations and goals*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have better opportunities for internships or jobs in my home country*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am better capable of taking over work tasks with high responsibility after my stay abroad*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7.2 How has the stay abroad changed the way you see your future work?

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
I can easily imagine working abroad at some point in the future*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can easily imagine working in the country where I did my Erasmus+ period in the future*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would like to work in an international context*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 8 Practical and Organisational Arrangements

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8.2 How satisfied were you with assistance related to insurance issues?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied
provided by the sending institution*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
provided by the receiving institution*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8.3 Was the selection procedure at your sending institution fair and transparent?\*

- Yes
- No
- I don't know

8.4 Was equal treatment ensured by the receiving institution during your participation in the programme?

\*

- Yes
- No
- I don't know

8.5 How would you consider your degree of integration?

	Very good	Good	Fair	Poor	Very poor	Not applicable
In the everyday life of the receiving institution*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
With local students*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
With other Erasmus+ / international students*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8.6 How satisfied were you with the mentoring and support arrangements provided by the receiving institution?\*

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

8.7 How satisfied were you with the way the receiving institution dealt with any questions, complaints or problems that may have come up during your participation in the programme?\*

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

8.8 If you answered any of the questions in this section with no, very poor or very dissatisfied, please explain.\*

## 9 Accommodation and Infrastructure

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9.1 How satisfied are you with your accommodation and travel arrangements?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied
The guidance you received by the receiving institution on how to find an accommodation*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your accommodation*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your travel arrangements*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

9.2 How would you rate the facilities at the receiving institution?

	Very good	Good	Fair	Poor	Very poor	Not applicable
Conditions in the workplace*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Classrooms*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Study rooms*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Libraries*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Access to PCs*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Access to Internet and emails*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cafeteria / canteen*	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 10 Costs

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10.1 Did you receive an Erasmus+ grant from EU funds?\*

- Yes  
 No

10.2 What was the amount of your Erasmus+ grant as written in your grant agreement?\*

 EUR

10.3 Did you receive the payments on time, in line with the dates mentioned in your grant agreement?\*

- Yes  
 No

10.4 Did you have other sources of funding?\*

- Yes  
 No

10.5 What other source or sources of funding did you receive?\*

- State and/or regional grant(s)
- Grant from your sending institution
- Part-time job during your period abroad
- State or regional loan
- Private grant(s)
- Private loan
- Family
- Own savings
- Contribution from host organisation
- Other sources

10.6 What was the amount of the state and/or regional grant(s)?\*

EUR

10.7 What was the approximate total cost of your period abroad?\*

EUR

10.8 To what extent did the Erasmus+ grant cover your overall expenses related to your mobility period?

\*

- 0-25%
- 26-50%
- 51-75%
- 76-100%

10.9 Was part of your Erasmus+ grant transferred to another organisation to organise your travel/accommodation/living costs?\*

- Yes
- No
- I don't know

10.10 Was this clearly described in your contract?\*

- Yes
- No

10.11 Do you know how much did you pay approximately for your travel to/from your receiving institution?\*

- Yes
- No

10.12 How much did you pay approximately for your travel to/from your receiving institution?\*

 EUR

## 11 Conclusions, Personal Comments and Recommendations

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11.1 If you wish, please give any additional information, observations, comments or recommendations that may be useful for future projects as well as to the National Agency or the European Commission.

## 12 Publication and Usage Rights of the Information and of the Email Address

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12.1 I agree that (parts of) this report can be published and made available to the general public.\*

- Yes, with my name and email address
- Yes, but anonymised (no name and no email address)
- No

12.2 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme and EU issues.\*

- Yes
- No